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# Gabriel's



# Horn

Editor—Glenn Fosdick

October-November 2013

## Our Pastors:

**Rev. Mother Peg Ioannone-Nethery**

**Father Rick Linton**

**Council Members: Robert R.  
Arlene G. Clancy W**

**Homeless Ministry  
Father Rick**

**Music Ministry, Newsletter,  
Webmaster  
Glenn F.**

**Sunshine Ministry  
Debbie F.**

**Prayer Ministry  
Mary Beth S.**

**Treasurer Doll P.**

## Weekly Services:

**Mass  
Sunday Morning-10:30am**

**Rosary  
Tuesday- 6:00 pm**

**Bible Study  
Thursday-6:00pm**

**Homeless Ministry  
Saturday- 9:30 to ?**

*For any other special events that are coming up with-in our church community please stay tuned for the weekly announcements.*

*Thank you!*

## Advent is almost here... are you ready?

Hey everyone, it is time to get your thinking caps on and get yourself in the mood for the 2013 advent season. It is hard to believe that another year has passed by once again and now we are preparing our hearts to celebrate the birth of Our Lord and Savior Jesus Christ. On Thanksgiving Day we draw names and then Christmas day we give our gifts to our secret pals. I do not know about you Advent and the whole Christmas Season gives me the warm fuzziness inside and warm feelings inside especially with all the carols, holiday baking, and the preparation for the big event Christmas Eve as we celebrate the birth of Our Lord.

Any Christmas entries to the newsletter need to be submitted to me by the November 15<sup>th</sup>. I would like to try to do a Advent devotional for each day leading up to Christmas... so please I need some ideas whether it is a scripture, a poem, or a short story that is relating to Advent. Please let me know.

Happy Thanksgiving to all of you on behalf of the Bread Of Life Catholic Community ministry team. May God bless you all in a special way.

Love you all, Bro. Glenn

## The Church

By: Mary Beth Stoner

The Church is not a building made of brick or stone

The Church is where Christ lives, Christian hearts are His Home

The lost sinner sees the church through everything you do

The church can never die, if Christ lives in you.

A person without Christ has nothing .....

A person with Christ has everything.



October Anniversary

10/11 Mother Peg &amp; Doll

November Birthdays

11/6 Connie B.

11/29 Michael D.

11/30 Glenn F.

Holidays- October-November

10/14 Columbus Day

11/2 turn your clocks back 1  
hour

11/5 Election Day

11/11 Veterans Day

11/28 Thanksgiving

Events- October-November10/6 Glenn & Debbie's  
Marriage Blessing

10/19 Rev. Patty

11/15 Notes due for Dec.  
Newsletter

11/28 Thanksgiving Dinner

## Mother's Memos- Mother Peg

"My Cup Overflows"*"The Lord is my Shepherd: I shall not be in want." (NIV)**I remember reading these words from the 23rd Psalm after my grandmother passed on to the next life. I was comforted by those words, the entire Psalm actually.**Life as I knew it had suddenly changed. One of the most important people in my life had been taken away from me.**I was sitting in the hospital chapel. I looked up and there it was, the 23rd Psalm etched in the stained glass window. As I read the first verse, it suddenly came to me that Nana had gone home. She was once again in the arms of my grandfather, reunited with her parents, and loved ones who had gone before. I rejoiced in my heart when I realized it.**Oh, I was still sad because there would be no more hugs or Italian cookies that only she could bake.**Verse 4 of the Psalm, "Even though I walk through the valley of the shadow of death, I will fear no evil, for you are with me: your rod and your staff they comfort me." And in verse 5 "... you anoint my head with oil; my cup overflows." These verses became my comfort. It gave me great joy to think that Nana was still with me. She became the rod and the staff that held me up, that again made my life worth living. I realized that my cup was overflowing with her love and the memories of her that I had in my heart.**Whenever I wish she were still here (physically), I read the 23rd Psalm. It is a link to my Nana, and my cup once again... overflows.*



This poem happens to be one of my favorites and the story of my faith when I stumble. I am truly blessed to have Jesus Christ as my friend and my Savior... I am so thrilled that I am able to share the word of God with others. God bless all of you in a special way each and every day as we walk the walk and share God's blessings.. Love to all of you... Debbie F.

### Foot Prints In The Sand

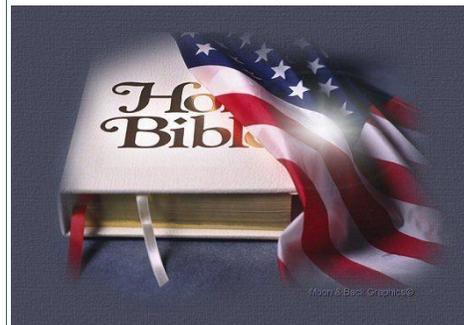
One night I dreamed I was walking  
along the beach with the Lord.  
Many scenes from my life flashed across the sky.  
In each scene I noticed footprints in the sand.  
Sometimes there were two sets of footprints,  
other times there were one set of footprints.

This bothered me because I noticed that  
during the low periods of my life, when I was  
suffering from anguish, sorrow or defeat,  
I could see only one set of footprints.

So I said to the Lord, "You promised me  
Lord, that if I followed you,  
you would walk with me always.  
But I have noticed that during the most trying periods  
of my life there have only been  
one set of footprints in the sand.  
Why, when I needed you most,  
you have not been there for me?"

The Lord replied,  
"The times when you have  
seen only one set of footprints,  
is when I carried you."

***Written by- Mary Stevenson***



**Thank you to all our men and women who served and who are serving in all branches of the US Military. Thank you to all of our veterans in our congregation:**

**Bob, Glenn, Mary Beth, Mother Peg, Father Rick**

**Happy Veterans Day:**

**11/11/2013**

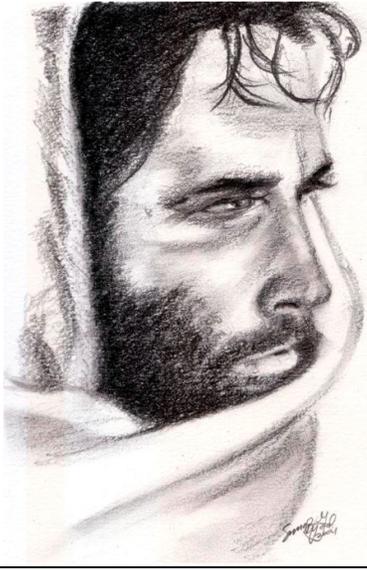
### **FRIENDSHIP RECIPE**

4 cups of Love  
2 cups of Loyalty  
3 cups of Forgiveness  
1 cup of Friendship  
5 spoons of Hope  
2 spoons of Tenderness  
4 quarts of Faith  
1 barrel of Laughter  
1 lifetime of daily prayer

Bake it with Sunshine and in God's Love  
Serve daily with generous helpings.

Father's Follies- Fr. Rick Linton

Through Better Eye's



*Our lives are dictated by perception, how we see things going on around us. How is that.... 1) anger, 2) fear, 3) need for power or revenge, 4) money and greed in all of its forms. We belittle and condemn people who do not see the world as we do. The "we" I am referring to is not just recognized as "bad" people but people we should be looking up to such as: doctors, lawyers, elected officials,, friends, family, and yes some religious leaders. We are given the impression that this view of life is normal and acceptable. We are told that it is ok to do whatever we need to do to get what we think we need or want.*

*We must stop letting other people dictate to us what life should be. How many of you are suffering from depression, anxiety, high blood pressure, headaches or just plain unhappiness. Enough is never enough.*

*So is this the life God wants for us? I don't think so!! What do you think God wants for us?? He wants us to be happy, healthy, and to be loved.*

*Let's start at the beginning when God made man... he said it was good. Then we started acting out and disobeying basic laws of conduct.*

*Now what causes people to act out? In most cases it is because we think we are not loved. We have been slighted by someone. If we are not perfect we are slammed and sometimes disowned by family, friends, teachers, etc that leads to low self-esteem, a feeling of inadequacy and not feeling of any worth. The beginning of guilt through life we continue putting these "monkies" on our backs to the point we see no good in the world. Everyone else is doing it and getting away with it.. Why can't I? We don't know what is true or false.*

*Christ started many of his teachings with, "I tell you the truth!" If we want a full and happy life we need to seek out the truth of things. A good place to start is to read the Good News of Christ (The Bible). It is a requirement to be a believer first. You only need to have the desire to know the truth about love, understanding, and forgiveness. This is what Christ's teachings are all about "Seeing through better eye's!"*